



Welcome to our Lunch Cafe

Morris School District Elementary

October 2021

The USDA has approved FREE breakfast and lunch for all students attending schools on the NSLP/SBP for the 2021-2022 school year. Menu selections may vary from those on the menu due to the COVID related impact on production, distribution and delivery.

Monday

Tuesday

Wednesday

Thursday

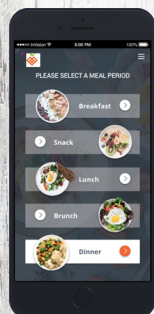
Friday

HARVEST of the MONTH

Whitsons proudly supports clean, sustainable agriculture! We also focus on using ingredients that are locally sourced, all-natural, organic and non-GMO whenever possible.



4 Baked Chicken Tenders Dinner Roll Oven Baked Fries Bagel with String Cheese Shredded Carrots Fresh Apple	5 Egg and Cheese Sandwich Turkey & Cheese Sandwich Steamed Corn Fresh Orange	6 French Bread Pizza Yogurt Lunch Shredded Carrots Celery Sticks Fresh Pear	7 Beef Hot Dog on Bun Ketchup Bagel with String Cheese Baby Carrots Fresh Apple	8 Cheesy Stuffed Bread Sticks Tomato Sauce Yogurt Lunch Tomatoes Fresh Pear
11 Baked Chicken Tenders Crispy Potato Puffs Ketchup Bagel with String Cheese Celery Sticks Apple Slices	12 Sausage and Cheese Sandwich Not-A-Nut Butter & Jelly Sandwich Shredded Carrots Fresh Orange	13 Classic Cheese Pizza Yogurt Lunch Shredded Carrots Celery Sticks Fresh Grapes	14 Bagel Melt Turkey & Cheese Sandwich Side of Beans Apple Slices	15 Nachos with Cheese Yogurt Lunch Mayo Tomatoes Fresh Pear
18 Cheeseburger Oven Baked Fries Ketchup Bagel with String Cheese Celery Sticks Apple Slices	19 Crispy Popcorn Chicken Ketchup Not-A-Nut Butter & Jelly Sandwich Fresh Baby Carrots Fresh Pear	20 Classic Cheese Pizza Yogurt Lunch Shredded Carrots Celery Sticks Fresh Orange	21 Beef Hot Dog on Bun Turkey & Cheese Sandwich Side of Beans Apple Slices	22 Cheesy Stuffed Bread Sticks Tomato Sauce Not-A-Nut Butter & Jelly Sandwich Tomatoes Cinnamon Applesauce
25 Baked Chicken Tenders Oven Baked Fries Ketchup Bagel with String Cheese Celery Sticks Apple Slices	26 Chicken Sausage Pancake Bites Not-A-Nut Butter & Jelly Sandwich Fresh Baby Carrots Fresh Pear	27 Classic Cheese Pizza Yogurt Lunch Shredded Carrots Celery Sticks Fresh Orange	28 Cheeseburger Ketchup Turkey & Cheese Sandwich Mayo Side of Beans Apple Slices	29 Nachos with Cheese Yogurt Lunch Cherry Tomatoes Fresh Pear



Whitsons is Simply Rooted® in food and family, and our menus are nutritious and flavorful.

Check out our mobile menu at www.FDMealPlanner.com or download

FD MealPlanner free of charge, from the App Store or Google Play, and view your menu on your mobile device anywhere.

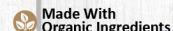


**ALL LUNCHES
INCLUDE
PROTEIN, GRAIN,
FRESH
FRUIT, VEGETABLE
& CHOICE OF
CHOCOLATE FAT
FREE MILK OR
WHITE LOW FAT**



**LUNCHES ARE FREE OF CHARGE
FOR ALL STUDENTS
HOT AND COLD CHOICE DAILY
Bagel Lunch offered daily as
vegetarian option**

All food prepackaged for safe handling
*Questions... call 973-292-2000 ext 2111 or
email Linda.Ladolcetta@msdk12.net*



*Consuming raw or under cooked meat, poultry, seafood, shellfish or eggs may increase your risk of food borne illness, especially if you have certain medical conditions. Menu is subject to change, notice posted when available. This institution is an equal opportunity provider.